

## WITH MARIE-CHRISTINE FOURNIER

DUO TRAPEZE ARTIST FROM CIRQUE DU SOLEIL & THE 7 FINGERS

SATURDAY & SUNDAY FROM 14:00 TO 17:00

**OPEN TO ALL LEVELS** 

For more details & registration mef.fournier@gmail.com
Instagram : fournier\_me

EARLYBIRD OFFER : 125€

( REGISTRATION BEFORE MAY 1ST 2024 )

FULL PRICE: 150€ (REGISTRATION AFTER MAY IST)

# **AERIAL DUO DISCOVERY**

### **OPEN LEVEL**

#### GOALS

- EXPLORE THE FUNDAMENTALS OF SAFE AERIAL PARTNERING
- LEARN THE BASICS OF DUO-SPECIFIC TECHNIQUES
- BE GUIDED THROUGH A FUN EXPLORATION OF PARTNER DYNAMICS AND CREATIVE VOCABULARY
- DEVELOP THE PHYSICAL SKILLS TO SAFELY PROGRESS ON YOUR AERIAL DUO JOURNEY

## **PREREQUISITES**

- GOOD PHYSICAL CONDITION WITH REGULAR AERIAL OR ACROBATIC PRACTICE
- KNOWING HOW TO TIP OVER THE BAR FOR THE PORTERS
- KNOWING HOW TO REVERSE FROM SUSPENSION ( LEG LIFT TO SKIN THE CAT ) FOR THE FLYERS

THE WORKSHOP WILL BE DONE ON TRAPEZE & SILKS

## **About Marie Christine**

With over 16 years of extensive the experience in circus industry as a trapeze artist, including a decade touring with Cirque Du Soleil and worldcollaborating with renowned companies such as The 7 Fingers and Cirque Eloize, Marie Christine is also a certified circus arts teacher from the Montreal National Circus School.

This rich experience has allowed her to acquire a wide range of technical, artistic and methodological knowledge, which she enthusiastically share in her workshops.

Thanks to this personal journey and these unique life experiences, she is delighted to be able to pass on to her students not only technical knowledge, but also a deeper and more enriching understanding of the circus arts world.

